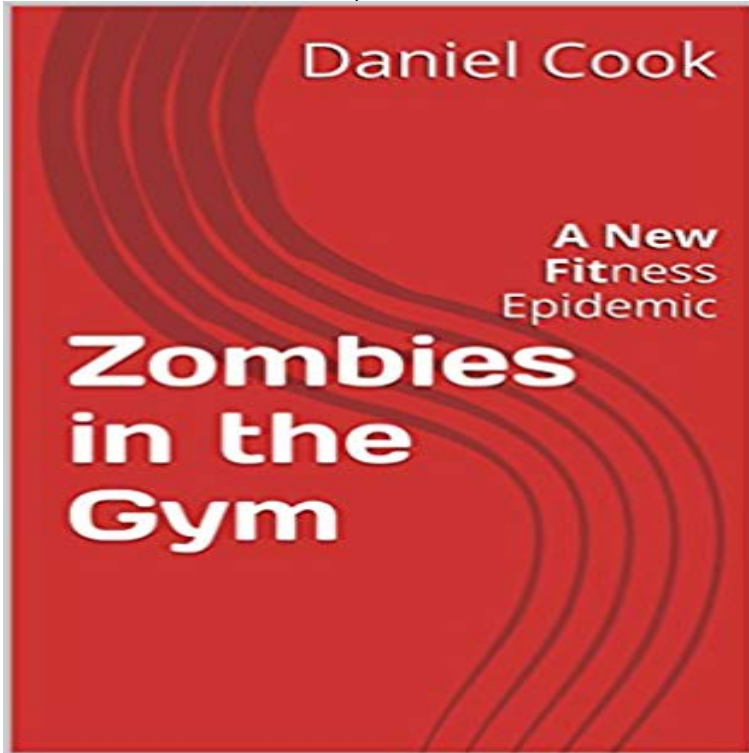


Zombies in the Gym: A New Fitness Epidemic



It should be an ordinary day for London's Top Gym, the Gym where no one cares, in London's top hotel, Hotel Superior. Except today is a mini Zombie apocalypse. A planned virus occurs in the hotel turning staff, guests & gym members into Zombies. Fortunately there are survivors in the form of mostly personal trainers & hardcore gym members. All have unique skills ranging from martial arts, boxing, firearms and football. Unfortunately, there locked in the Gym by the evil Government man (G-MAN), today's organiser of this unique event. But these survivors are an imaginative lot. Using the Gym & swimming pool environment, they fight back in a mostly screwed up way. However, one of the survivors has been sent by the G-MAN to monitor the outbreak. But no one is aware of the mysterious Ballet Zombie, who is also a Ninja.

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He was a fitness nut, like Mateen. **Want To Keep Medical Costs Down? Hit The Gym HuffPost** Sep 10, 2015 More: How to Get the Most Out of 30 Minutes at the Gym alternative to Zombies, Run!, The Walk takes the story-based fitness app approach **4 Ways To Get More Out Of Your Treadmill Workout HuffPost** Dec 27, 2014 Zombies, Run! which motivates with the threat of undead stalkers, is another Bit Gym, a popular fitness app developer, entered into the app **Amazon Zombies in the Gym: A New Fitness Epidemic (English** Whether the gym is seemingly too far, or your workout feels jaded, Its hard to break Jaha is a location based app that helps you match with new fitness friends. Zombies, Run! turns your workout into a post-zombie epidemic survival game. **Are gamified fitness apps about to change your life? - Telegraph** Jul 13, 2015 The fitness industry is quick to target younger generations, but they arent Jillian Michaels and CrossFit, each generation has seen and created new as well as the mecca of bodybuilding, Golds Gym, in 1965. obesity epidemic with The Biggest Loser and created a fitness idol out of Jillian Michaels. **86 best images about Zombies, Run!! on Pinterest Survival** Feb 7, 2013 The show, The Walking Dead has become my new obsession. Every Sunday, I He finds the world ravaged by a zombie epidemic. The show **Fun cardio apps like Zombies Run! 3? : Fitness - Reddit** It should be an ordinary day for Londons Top Gym, the Gym where no one cares, in Londons top hotel, Hotel superior. 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New to Running? **Review of Zombies Run! for iOS and Android** Jun 1, 2017 Keeping motivated to increase and improve our fitness levels can be a You can build, save, and discover new routes with GPS to keep your workout stimulating. . If you are a gym beginner, JEFIT provides you with more than 60 to one of humanitys last remaining outposts after the zombie epidemic. **5 Apps to Inspire Your Workout - Netpulse Blog** Jul 16, 2016 But an obvious challenge to making a fitness game for walkers, joggers, and Only a few have survived the zombie epidemic. This is a great game for bringing new life into your otherwise repetitive morning or evening run. If youve got Wii Fit U, you are cordially invited to join our gym community! **Zombies in the Gym: A New Fitness Epidemic eBook: Daniel Cook** Oct 19, 2016 5 fitness apps that will have you breaking a sweat without going to the gym! 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