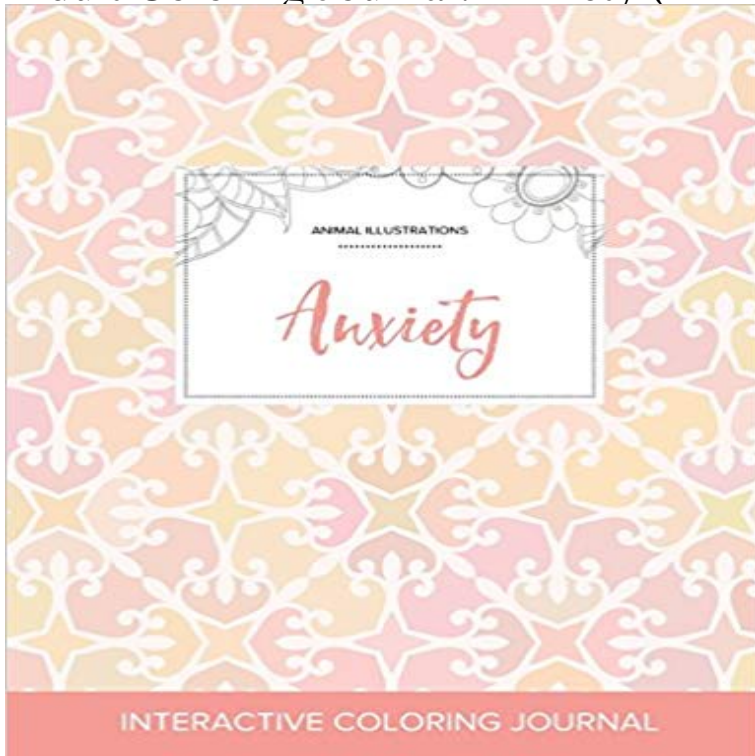


## Adult Coloring Journal: Anxiety (Animal Illustrations, Pastel Elegance)



Clinical Therapist, Courtney Wegner has carefully selected the illustrations and prompts in this interactive adult coloring journal for their meditative power to enhance your journaling experience and aid in your journey of self-discovery and path to happiness. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts- 40 expression pages for jotting down personal reflections, quotes, poems or sketches- 40 professionally illustrated adult coloring images of varying difficulty- High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.

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[\[PDF\] From Porridge To Paddy Fields: A Scottish Family Living In Hong Kong \(There and Back Book 3\)](#)

[\[PDF\] My Fathers Daughter: A Story of Family and Belonging](#)

[\[PDF\] The Wedding Game: A Mystery at the University of Michigan](#)

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